

A combination of Newfoundland hospitality and local cuisine

PUB GRUB

Chips & Salsa (V, GF) corn chips, house-made salsa	Ş12	Classic Poutine house-cut fries, cheese curds, gravy	Ş15
Cheddar Beer Bacon Dip cheddar, cream cheese, bacon, beer, house- corn chips	\$15 made	Chicken Tenders (4) seasoned chicken tenders, choice of dip (buffalo sauce, plum sauce, sour cream)	\$16
Kettle Chips house-made kettle chips, seasoning salt Add Dip \$.50 (tomato aioli, ranch, sour cream)		Seasoned Wings 6 wings \$14 12 wings \$25 24 wings \$48 Dry spice with choice of sauce: mild, honey garlic,	
Onion Rings seasoning salt Add Dip \$.50 (tomato aioli, ranch, sour cream)	\$14	sweet with heat chili sauce, buffalo sauce Deep-Fried Cheese Bites (6) battered mozzarella, ranch dip	\$14
Deep-Fried Pickles (6) honey mustard dip	\$13	Veggie Spring Rolls (V) (5) deep fried spring rolls, plum sauce	\$14
Warm Pretzel sea salt, honey mustard dip	\$10	Caesar Salad romaine lettuce, caesar dressing, bacon, crou	\$13 itons,
French Fries regular cut, shoestring, sweet potato	\$10	parmesan cheese, lemon House Salad	\$12
Chips Dressing Gravy house-cut fries, newfoundland savoury dress gravy	\$14 sing,	seasonal lettuce, peppers, carrot curls, dried cranberries, tomato, dressing Add Grilled Chicken Breast \$9	



Chips & Salsa (V, GF)

Pan-Fried Toutons

3 pan-fried toutons, molasses



Toutons are leftover fried bread dough traditionally served with a drizzle of molasses. It is enjoyed by Newfoundlanders today. The nostalgic treat is still a regular meal, especially for breakfast at camping cookouts.

\$12

\$16

\$20

Newfoundland Poutine

house-cut fries, savoury dressing, cheese curds, gravy

Pan-Fried Cod Tongues	
pork "scrunchions", tartar sauce	

VFOUNDLAND

17FRS

\$17 Salt Fish Cake two salt codfish, potato, savoury, onion cakes, mustard relish

Cod au Gratin \$16

baked tender morsels of cod, yellow onions, bechamel sauce, aged cheddar

Cod Bites (GF)

(5) salt & vinegar potato chip crusted cod bites Sauce - tartar, malt aioli, citrus aioli

The Delightful Flavors of Sunday Jiggs Dinner and Fish & Brewis

Newfoundland, has a rich culinary tradition that has been shaped by its geography, history, and culture. From hearty stews and casseroles to fresh seafood dishes, Newfoundland's cuisine is a reflection of the province's rugged landscape, seafaring heritage, and tight-knit community.

Two dishes that stand out in Newfoundland's cuisine are Jiggs Dinner and Fish and Brewis. Both are classic dishes that have been enjoyed by generations of Newfoundlanders and are still popular today.

Jiggs Dinner, also known as boiled dinner, is a traditional Sunday meal that typically consists of salt beef, cabbage, carrots, turnips, potatoes, and peas pudding. The dish is named after the comic strip character Jiggs, who was a lover of boiled dinners. The meal is usually prepared by boiling the salt beef and vegetables together in a large pot for several hours, resulting in a flavorful and hearty meal that is perfect for a cold winter's day. The peas pudding, a savory pudding made from split yellow peas, is often served alongside Jiggs Dinner as a traditional accompaniment.

\$19

\$16

\$14

Fish and Brewis, another classic Newfoundland dish, is a simple but delicious combination of salt cod and hardtack biscuits. The dish dates back to the 17th century, when salt cod was a staple food Newfoundlanders for due to the abundance of cod in the province's waters. To make Fish and Brewis, the salt cod is soaked in water to remove the salt and then boiled until tender. The hardtack biscuits, also known as ship's biscuits, are soaked in water until soft and then mixed with the flaked salt cod. The dish is often served with scrunchions, which are small pieces of fried pork fat, and a side of molasses.

While Jiggs Dinner and Fish and Brewis may not be the most sophisticated dishes in the world, they are a testament to Newfoundland's culinary heritage and the resourcefulness of its people. Both dishes make use of simple ingredients that were readily available to Newfoundlanders in the past, and they have been passed down through the generations as a way of preserving the province's culinary traditions.

In recent years, there has been a renewed interest in Newfoundland's cuisine, with chefs and foodies alike rediscovering the unique flavors and techniques that make this cuisine so special. From seafood chowder to toutons (a type of fried bread dough), Newfoundland's cuisine has something for everyone, and it's well worth exploring for anyone with an interest in regional cuisine.

Jiggs Dinner and Fish and Brewis are two classic dishes that are emblematic of Newfoundland's culinary heritage. They are simple but delicious meals that have been enjoyed by Newfoundlanders for generations and continue to be popular today. Whether you're a local or a visitor, these dishes are a musttry if you want to experience the true flavors of Newfoundland's cuisine.

Seal Poutine

house-cut fries, pulled braised seal flipper, cheese curds, seal gravy

Newfoundland Seafood Chowder

baby shrimp, cod, scallops, organic mussels, cream, herbs



Group Events & Catering

Scan the QR for more information





O'Reillys Irish NL Pub 13 George Street

YellowBelly Brewery & Pubic House 288 Water Street

The Old Courthouse Harbour Grace, NL

The News of the Republic

SIP THE CHILL **OFAGES**

made from pure iceberg water

STEAMED CULTUR **RGANIC MUSS**

Au Naturel (GF) steamed au naturel	\$17
Irish bacon, sautéed leeks, diced potato, cream	\$20
Jiggs Dinner (GF)	\$20

Jig pot liquor, salt meat, diced root vegetables, diced potato

Beer Bacon Sausage german sausage, bacon, sautéed onions, red ale



Oh La La white wine, bouquet garni, roast garlic, mirepoix, dijon, heavy cream

\$22 **Red Curry** (GF)

onion, garlic, red peppers, red curry, fish sauce, coconut milk, lime, cilantro

Greek (GF)

\$22

shallots, garlic, fennel, tomato, white wine, ouzo, heavy cream, crumbled feta, basil



\$20

\$19

GOT TO GET ME MOOSE B'Y

Spicy Moose Quesadilla

grilled flour tortilla, seasoned ground moose, tomato, onion, peppers, cheese, salsa

Wild Moose Nachos (GF)

wild newfoundland moose, house-made corn chips, caramelized onions, salsa, hot banana peppers, cheese, sour cream

Extra Sides: Salsa \$2 Sour Cream \$3

Newfoundland Moose Burger \$22

seasoned ground moose, montreal steak seasoning, bacon, caramelized onions, ketchup, mayo, lettuce, tomato, sliced pickle, pretzel bun

Moose Shepherd's Pie

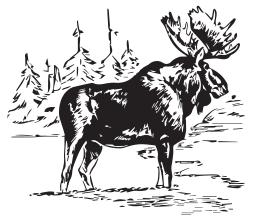
\$29

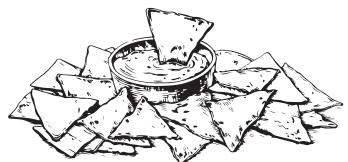
seasoned ground moose, peas, carrots, onions,

topped with mashed potato, baked

Moose Stout Stew (GF) \$30 wild newfoundland moose, bacon, onion, carrots,

celery, st john's stout, beef stock, mashed potato





Veggie Cheese Nachos (GF) \$18 house-made corn chips, bell peppers, tomato, white onion, mushroom, black olives, hot banana peppers, cheese, salsa, sour cream

Buffalo Chicken Nachos (GF) \$19

buffalo seasoned chicken, house-made corn chips, bell peppers, tomato, white onion, hot banana peppers, cheese, salsa, sour cream

Spicy Beef Nachos (GF) \$19

seasoned beef, house-made corn chips, bell peppers, tomato, white onion, hot banana peppers, cheese, salsa, sour cream

Cheese Quesadilla \$14

grilled flour tortilla, shredded cheese, salsa

\$16 Veggie Quesadilla

grilled flour tortilla, mushrooms, tomato, onion, peppers, cheese, salsa

Buffalo Chicken Quesadilla \$18

\$22



Brewed by

Yellow

The provincial government estimates that about 120,000 currently wander this province, the most concentrated population in the world. The most prominent deer family, a full-grown moose, weighs between 600 and 1,200 pounds.

grilled flour tortilla, mushrooms, tomato, onion, peppers, buffalo chicken, cheese, salsa

Extra Sides: Salsa \$2 Sour Cream \$3



Get Frugal!

Whether you're in the mood for a full meal, a fews snacks with friends or a casual 1-Litre Steins, we have just the place!

Located in the heart of St. John's with a patio on historic Water Street - we're close to the action but keep a relaxed and friendly atmosphere. Serving tasty German-inspired food with a Newfoundland twist and locally-brewed YellowBelly beers, Frugal Steins delivers the best of all worlds while still being generous on the pocketbook.

Frugal Steins: Where the scales for economy tip in your favour!

318 Water Street St. John's, NL • www.frugalsteins.com





O'Reilly's Report



FEATURED ENTRÉES

Traditio	nal	Jiggs	Dinner

potato, carrots, turnip, parsnip, cabbage, peas pudding, salt beef, gravy Add chicken breast with savoury dressing \$12

Add chicken breast with savoury dressing

Irish Stew \$28 slow braised pork, lamb, onions, carrot, potato, rosemary

Baked Ham

mashed potato, root vegetable hash, sliced ham, irish whiskey sauce

Roast Chicken Breast

stuffed breast of chicken with savoury dressing, mashed potato, root vegetables, gravy

Wild Newfoundland Rabbit Pie \$30

braised rabbit, diced root vegetables, potato, onions, bacon, thicken broth, puff pastry crust

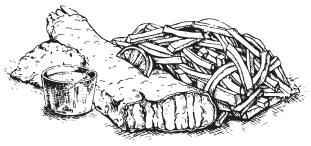
Baked Beans & Toutons

slow braised beans with molasses, ketchup, bacon, & onion served with 2 toutons, a local favourite

Pan-Fried Cod

pork "scrunchions" mashed potato, local root veggies, lemon, tartar sauce

Substitute Cod Tongues n/c



FISH & CHIPS

Beer Battered	1 piece
Fish & Chips	2 piece
yellowbelly pale ale battered cod, fri	es

Panko Crusted Fish & Chips panko crusted cod, fries	1 piece \$12 2 piece \$20
Salt & Vinegar	1 piece \$12

Salt & Vinegar	1 piece \$12
Fish & Chips (GF)	2 piece \$20
salt & vinegar chip crusted cod, fries	;

Choice of Side: shoestring fries, home fries, sweet potato fries, caesar salad, house salad n/c Add Dip: tartar sauce (gf), citrus aioli or malt aioli \$.50 Add ons: savoury dressing \$2, gravy \$3, cheese curds \$3



HANDHELD ENTRÉES

Fast-Fry Burger

3oz fresh ground beef patty, tomato, sliced pickle, bun

Beef Burger

\$24

\$27

\$32

\$25

\$26

\$12

\$20

7oz ground beef burger, lettuce, tomato, sliced pickle, brioche bun Add cheese, bacon or sautéed onions \$2.50 ea

Beer Bacon Cheddar Burger \$20

fresh ground beef burger, beer, bacon and cheddar sauce, brioche bun

O'Reilly's Deluxe Burger \$21

halliday's fresh ground beef burger, american cheddar, creamy dressing, sautéed onions, lettuce, tomato, pickle, brioche bun

Irish Pub Burger

\$22

\$18

\$19

\$11

\$6

\$6

\$15

\$18

ground beef burger infused with onion, garlic, dijon, stout, topped with Irish cheddar, back bacon, stout sautéed mushrooms, whiskey aioli, potato bun, chunky chips

Chicken Club Wrap \$18

tortilla, chicken breast, cheese, bacon, tomato, lettuce, mayo

Crispy Cod Burger

salt & vinegar crusted cod, shredded lettuce, malt aioli, brioche bun

Plant-Based Burger

plant-based burger, lettuce, tomato, pickles, brioche bun

Choice of Side: shoestring fries, home fries, sweet potato fries, caesar salad, house salad n/c Sub gluten-free bun \$2 or lettuce bun n/c Add ons: savoury dressing \$2, gravy \$3, cheese curds \$3



Mini Mason Jar Cheesecake Bakeapple or mixed berry	\$9
Carrot Cake cream cheese icing	\$11
Raisin Bread Pudding caramel sauce, cream	\$11



What is a traditional Newfoundland dish made with salt cod, potatoes, onions, and pork fatback?

What is the name of the traditional Newfoundland dessert made with blueberries, sugar, and a pastry topping?

What is the name of the Newfoundland dish made with boiled root vegetables, salt beef, and often served with pease pudding?

What is a traditional boiled pudding containing butter, flour, sugar, molasses and raisins?

What is the name of the Newfoundland soup made with salt beef, mixed vegetables, and dumplings?

What is the name of the traditional Newfoundland dish made with moose meat, carrots, turnip, and potatoes?

What is the name of the Newfoundland dish made with a mixture of baked beans and pork fatback?

What is the name of the traditional Newfoundland bread made with flour, water, and salt?

What is the name of the Newfoundland dish made with boiled salt beef and boiled cabbage?

What is the name of the traditional Newfoundland dessert made with molasses and butter?

What do Newfoundlanders call small pieces of pork rind or pork fatback fried until rendered and crispy?

Fish & Brewis • Blueberry Grunt • Jiggs Dinner Figgy Duff • Pea Soup • Moose Stew Baked Beans • Hardtack • Corned Beef & Cabbage Molasses Cookies • Scrunchions



Newfoundland & Labrador's cuisine origin story

Newfoundland cuisine is influenced by the province's history and geography. With its location on the coast, seafood plays a significant role in the local cuisine, while the use of salt and preserved meats reflects the area's history of fishing and subsistence living. Additionally, the province's cultural diversity, with influences from English, Irish, French, and Indigenous peoples, has also shaped Newfoundland cuisine into a unique and diverse blend of flavors and dishes.

Chocolate Lava Cake (GF) Date Squares (2) Coconut Snowballs (2)

Constructed in 1725, YellowBelly Brewery and Public House is one of the oldest structures in North America and is where the "Great Fire of 1892" was finally extinguished.

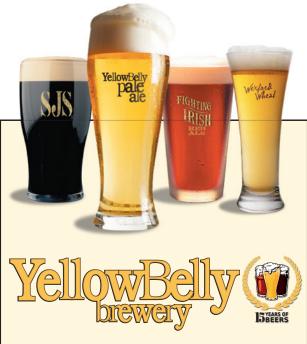
Here you'll find the magnificently crafted brews of our province's original gastropub, established in 2008. View our chefs preparing dishes in our "open concept" kitchen. Browse our menu featuring fresh ingredients in our street foods, gourmet burgers, and flavour-filled wood-fired pizzas. Try one of our signature entrées like the famous YellowBelly Fish and Chips or the flavoursome St. John's Stout Braised Short Rib and after your meal, place yourself on the doorstep of the legendary George Street nightlife.

Ask about our group tours and see how this outstanding masonry facility has been meticulously refurbished.

YellowBelly Brewery & Public House 288 Water Street, St. John's, NL • yellowbellybrewery.com • Reservations: 709.757.3780



The News of the Republic





CiderBerg Apple Cider is made with pristine water from ancient ice sheets as they release icebergs that float down our way on the

Avalon Peninsula in Newfoundland. Crisp and clean, it is present off-dry. There are no added sugars, acids or flavourings, and it is lovely on its own or complementing shellfish, poultry, and pork dishes.

Wexford Wheat is our lightest beer. The significant portion of wheat lends a green apple/sour plum to the middle of the palate. Highly carbonated, light and refreshing, short finish, leaves you wanting more. Goes well with most food!





A novel take on a classic style, YYT East Coast Cream Ale utilizes significant corn and wheat in addition to two row malt. Unusually and heavily dry-hopped with Mosaic hops, it's a hop-forward beer (fruity/grapefruit) but not bitter. Easy to approach.

YellowBelly Pale Ale is a session beer, and boasts a full-bodied malt base counter balanced by a significant bitterness provided by the hops. Medium length finish, with hints of grapefruit, pineapple, caramel and honey.





Come From Away is an Islander Pale Ale that is brewed in partnership with the Happy Hour Guys in New York, and was homage to the broadway show, Come From Away! The beer was brewed with

Vermont ale yeast and heavily hopped with cascade, amarillo, and cashmere hops. It is a juicy beer with lots of citrus and stone fruit aromas.

Fighting Irish Red Ale is our most complex beer, with its big and malty flavour it has a very long finish. Lightly carbonated and heavy in body. The roast barley contributes complex flavours like burnt toast, strawberry jam, coffee, chocolate, and leather.





LLOWBELLY BREWERY St. John's Stout is a traditional Irish Stout is very dark, heavy and complex with an extremely long finish. In addition to the high rate of hopping in the kettle there is also bitterness from the roast barley. It has a dense, creamy head and is full of complex,

DRINKMENU

pint \$8.26

pint \$8.26

pint \$8.26

pint \$8.26

pint \$8.26

pint \$8.26

\$10.22

BEER

YellowBelly Brewery

Wexford Wheat YYT East Coast Cream Ale YellowBelly Pale Ale Come From Away Fighting Irish Red Ale St. John's Stout

Other Tap Beers

Coors Light	bottle \$6.74	pint \$8.48
Canadian	bottle \$6.74	pint \$8.48
Black Horse	bottle \$6.74	pint \$8.48
India	bottle \$6.74	pint \$8.48
Rickards Red		pint \$8.48
Miller Lite		pint \$8.48
Belgian Moon Pint		pint \$8.48
Heineken		pint \$10.00
Murphy's Stout Pint		pint \$10.00

Ciders

Ciderberg (YellowBelly, on tap)	pint \$9.35
Strongbow (can)	pint \$10.00

Seltzers & Coolers

Vizzy (Ask for flavours) Smirnoff Ice Lambs Sociables (Ask for flavours)

Non-Alcohol Beer Heineken 0

Non-Alcoholic Beverages

Glass of Tap Water	n/c
Bottled Water	\$4.57
Soft Drinks	\$4.57
(Pepsi, Diet Pepsi, Ginger Ale, I	Diet Ginger Ale, 7-up, Diet 7-up)

\$7.17



BAR

Highballs

Polar Ice Vodka Gordon's Gin Wiser's Canadian Rye Whisky Lambs (Amber, White & Navy) Ballantine's Scotch Whisky Jameson Irish Whiskey

\$7.17

Cocktails

HOUSE COCKTAIL Lushy Leprechaun	\$7.17
Jamesons, Blue Curaçao, orange juice	
Caesar Polar Ice Vodka, Clamato Juice,	\$10.22
Worcestershire sauce, Tabasco, celery salt, pepper, lem	ion
Porn Star Raspberry Sour Puss, Blue Curacao, 7-up	\$10.22
Old Fashioned Jack Daniel's, sugar, bitters, orange	\$10.22
Cosmo Cocktail Polar Ice Vodka, lime juice,	\$10.22
cranberry juice, soda	
Swedish Berry Crème de Banane, Raspberry	\$10.22
Sour Puss, 7-up	
Red Sangria Red Wine, Triple Sec, orange juice,	\$13.26
cranberry juice, lime, lemon, soda	
White Sangria White Wine, Peach Schapps,	\$13.26
orange juice, white cranberry juice, lime, lemon, soda	

Mocktails

Shirley Temple 7-up, bar mix, grenadine,	\$7.17
soda water, maraschino cherry	
Virgin White Russian coffee syrup, milk	\$7.17
Atomic Cat orange juice, tonic water, lemon	\$7.17
Virgin Sangria Non-alcohol red wine, orange juice,	\$7.17
orange, lemon, lime, simple syrup, soda	
Virgin Caesar Clamato Juice, Worcestershire sauce,	\$7.17
Tabasco, celery salt, pepper, lemon	
Not Irish Coffee sugar rim, coffee, coffee syrup,	\$7.17
whipped cream	

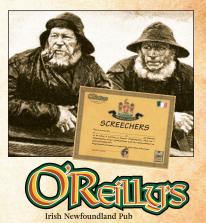
Wine

Red		
Jacobs Creek Shiraz	5oz \$11	bottle \$45
Folonari Valpolicella	5oz \$13	bottle \$50
Cupcake Cabernet Sauvignon	5oz \$12	bottle \$48
Bread & Butter Pinot Noir	5oz \$14	bottle \$60
White		
Stoneleigh Sauvignon Blanc	5oz \$13	bottle \$50
Jacobs Creek Pinot Grigio Dots	5oz \$11	bottle \$45
Cupcake Chardonnay	5oz \$12	bottle \$48
Bread & Butter Sauvignon Blanc	5oz \$14	bottle \$60
Sparkling / Rose		
Jacobs Creek Pinot Noir Sparkling	5oz \$11	bottle \$45
Bread & Butter Rose	5oz \$14	bottle \$60
Specialty Coffee		
shoorard correct		

Irish Coffee Sugar rim, hot coffee,	\$7.39
Jameson Whiskey, whipped cream, Irish Mist	
Spanish Coffee Sugar rim, hot coffee, Kahlua,	\$7.39
Lambs Rum, whipped cream	
Newfie Coffee Peppermint knob, sugar rim,	\$7.39
hot coffee, Screech Rum, whipped cream	
Baileys Coffee Hot coffee, Bailey's Irish Cream,	\$7.39
whipped cream, Irish Mist	

O'Reilly's Screech-In 11 Day, Everyday

Become a proud member of the prestigious "Royal Order of Screechers" and immerse yourself in the honorary Newfoundlander experience! As a CFA (Come From Away), you'll embark on a thrilling journey of embracing the Newfoundland way of life. Master the art of speaking, eating, and drinking like a true Newfoundlander, and don't forget the legendary moment of kissing the mighty codfish. Complete these extraordinary steps and receive our exclusive Royal Order of Newfoundlanders Certificate. Curious to know more? Inquire with your friendly server or bartender for additional details.



burnt, "roasty" flavours. Notes of burnt toast, licorice and chocolate, but also cedar, berry, pear, walnut and citrus.

Available here on tap

Ask your server for a good pairing for your meal



O'Reilly's Report